

Reds Day

Summer
Staycation
Club!

Click here
to see our film
of how to
make your
own obstacle
course

A virtual day of football fever

The Ultimate Obstacle Course

Making obstacle courses is fun and a great way to improve your skills.

Why not make an obstacle course for your family and challenge them to see who can complete it the fastest?

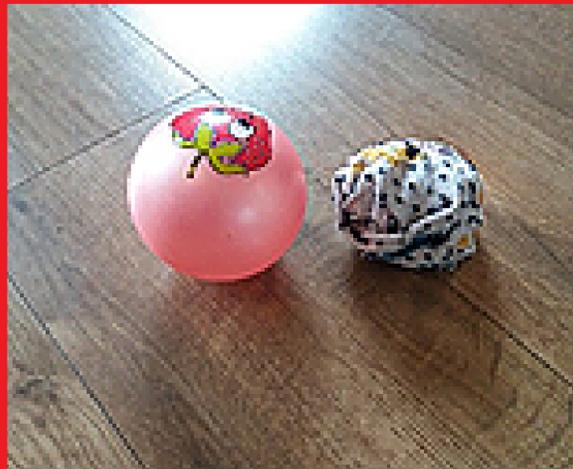
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Draw your plan or map so you can follow it to put the obstacle course together. Think about what obstacles and space you have available. If it is a football obstacle course, try to include dribbling, shooting and activity without the ball.



Try out your obstacle course: Remember to keep the ball close, use both feet and try to include different skills like rolling the ball and dragging it back. Who can complete the course the fastest?



Get everything ready: Find a clear outdoor or indoor space, a ball (or ball of socks) and some safe obstacles.



How can you make your obstacle course harder or easier? Can you answer trivia questions about Barnsley Football Club while you complete the course? Maybe your obstacle course doesn't include a football? Or you could try making an obstacle course for your pets? A dog-stacle course?

BARNSELY MUSEUMS

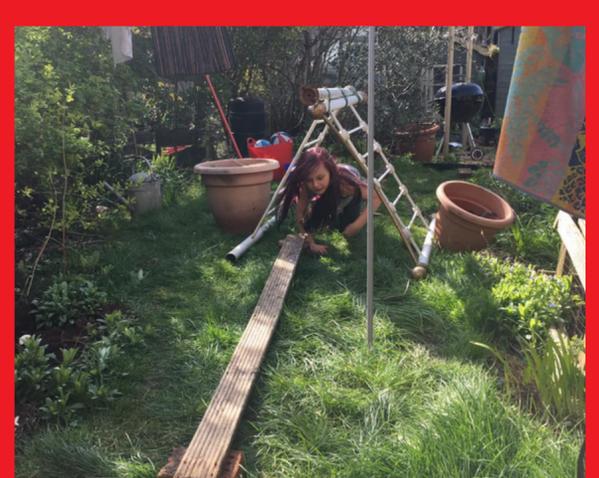


You will need:

- Paper
- Pencil
- A ball or ball of socks
- Some safe obstacles
- A clear outdoor or indoor space



Set up your obstacle course: Make sure you have enough room between the obstacles to move and do your tricks.



Now you are ready to make yours at home. Why not share pictures of your obstacle course? We'd love to see them

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Why not make your obstacle course even more tricky by including trivia questions either at each obstacle or as a quiz at the end. We've come up with some trivia questions you can use or you can just make up your own.

Grown ups questions

- 1) What year was Barnsley football club founded?
a) 1881 b) 1887 c) 1907
- 2) Barnsley FC won the FA Cup in 1912, true or false?
a) True b) False
- 3) In April 1953, who became one of the most expensive footballers when Matt Busby bought him for Manchester United for £29,999?
a) Tim Thompson b) Tommy Taylor c) Tony Taylor
- 4) Which year did Barnsley play in the premier league?
a) 1993-94 b) 1995-96 c) 1997-98
- 5) Who did Barnsley beat to win the Football League Trophy in 2016?
a) Oxford United b) Cambridge United c) Peterborough Town
- 6) Who holds the record for most goals scored for Barnsley FC?
a) Neil Redfearn b) Colin Hendrie c) Ernie Hine
- 7) Which current Chelsea player, born in Barnsley, has represented England at Under 21 level?
a) John Stones b) Beth England c) Danny Drinkwater

Answers: 1) b, 2) True, 3) b, 4) c, 5)a, 6) c, 7)b

