

Do you 'dig' Archaeology? Day

all ages

Summer Staycation Club!

Stone Age Foraging Challenge

The earliest people who lived in Britain were Paleolithic hunter gatherers. They arrived in Britain around 11,700 years ago, migrating from Europe over Doggerland, an area that is now where the North Sea is.

They would have looked like people living in Britain today. DNA studies on burials found from that time in the UK have shown that they would have had dark brown or black skin, very dark hair and blue, or green eyes.

Our Paleolithic ancestors were nomadic, travelling from place to place. They lived in huts or tepees and sometimes dwelt in caves.

They hunted animals such as bison, deer, mammoths and fish and foraged for fruits, berries, nuts and other edible plants.



Do you think you can take our foraging challenge?

Print out or draw the plant cards on the following pages and see if you would have survived as a hunter gatherer in paleolithic times.

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Stone Age Foraging Activity

Print and cut out these cards, or draw your own and hide them around your house and garden.

Challenge your friends or family to find them all and decide which plants they would eat and which are poisonous.

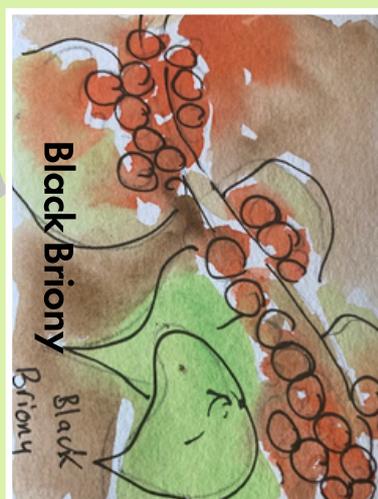
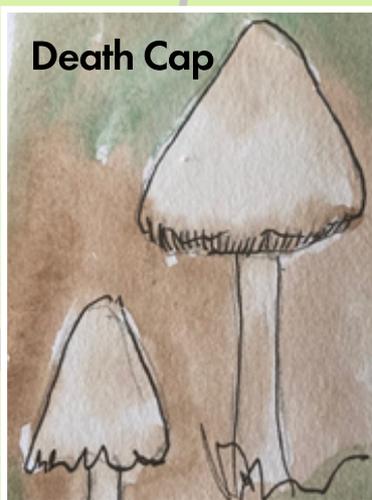
Check the list on the back page to see who would have survived and who would have been poisoned!



You will need:

These picture cards
Scissors

The answer sheet
Paper/ pencils if you want to make your own cards



Never go foraging unless you are with somebody very experienced. A lot of things growing outdoors nowadays are still poisonous and it can be very dangerous to eat them if you don't know what they are.

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Stone Age Foraging Activity

Devil's Bolete



Bladderwrack (Seaweed)



Woody Nightshade



Elderflower



Mint



Saffron Milkcap



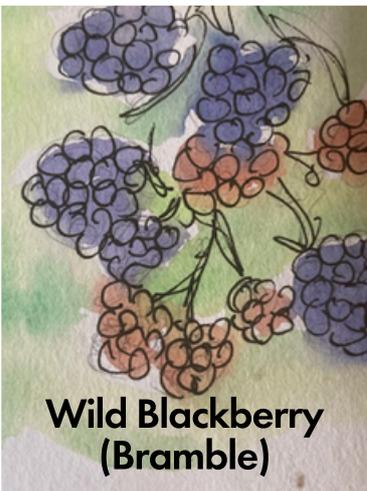
Sea Lettuce



Brown Birch Bolete



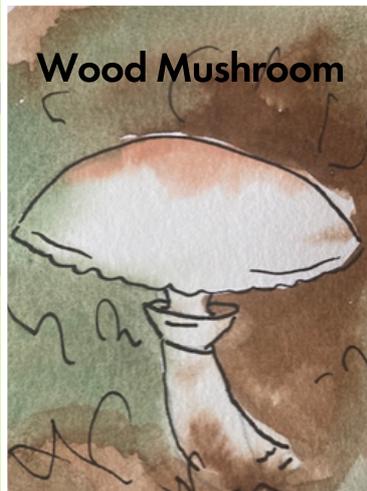
Wild Blackberry (Bramble)



Hazelnuts



Wood Mushroom



Strawberry



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Stone Age Foraging Challenge Answer Sheet

Did you guess right?

Look in the circles to
see which plants
were poisonous and
which were a tasty
treat!



Edible Plants

Nettle
Pine
Strawberry
Hazelnut
Wild Blackberry (Bramble)
Sea Lettuce
Mint
Elderflower
Bladderwrack (Sea Weed)
Rosehips
Brown Birch Bolete
Saffron Milkcap
Wood Mushroom

Toxic Plants

Lily-of-the-valley
Fly Agaric
Black Briony
Yew
Devil's Bolete
Woody Nightshade
Death Cap

