

Do you 'dig' Archaeology? Day

Summer
Staycation
Club!

ages
1-5

Edible Mud Sensory Play

The perfect activity for young children who want to squelch and squeeze and indulge in messy play.

Watch our film showing how to make your mud here



You will need:

- A tray
- Jelly worms or strawberry laces
- Old clothes or aprons (this is very messy!)
- 3 cups flour
- 1 cup cocoa powder
- 1 cup brown sugar
- 1 cup white sugar
- 3 cups water
- 1 cup raisins
- cups/ pots/ spades/ spoons to pour and stir with

- Help your child pour the flour, cocoa powder, brown sugar, white sugar into a tray and mix with their hands. What does it feel like? how do the colours mix? What else do they notice?
- Then add in the water. Can they squelch it in their fingers, what does it smell like, is it hot or cold, silky or slimey?
- Add the raisins and jelly worms. How do they feel?
- Introduce cups, spades, pots and spoons to try out pouring and stirring.