

Winterval: Maids a Milking Shakes

On the Eighth day of Christmas my true love gave to me,
Eight Maids a Milking...

Why not experiment and make a festive milkshake?
Here are some recipes we tried, but all the fun is in
experimenting and making up your own so let your
imagination run wild!

*Adult
supervision
essential



Smore Shakes

Crush up a digestive biscuit-
covering a biscuit with a tea
towel and rolling with a
rolling pin works just as well
as a pestle and mortar.



Melt 5-6 squares of milk
chocolate in a microwave
safe bowl in the microwave
and trickle the melted
chocolate on the inside and
around the rim of your glass.



Roll your glass in the biscuit
crumbs .
Now mix your shake
ingredients in a food
processor.

- 1 cup chocolate ice cream
- 1 cup milk
- 1 tbsp of nutella



Pour your shake into your
glass.
Top with whipped cream,
chocolate sprinkles and
biscuit crumbs.

As a finishing touch put
marshmallows on a skewer
and heat at 150 C in the
oven for just one minute and
then place in your shake.

Try some other variations....

Just mix up the main ingredients and top with whipped cream, sprinkles and garnish



Smore Shakes

Shake ingredients

- 1 tbsp nutella
- 1 cup milk
- 1 cup chocolate ice cream

Garnish:

- 5-6 squares milk chocolate
- A digestive biscuit
- 2 marshmallows
- Whipped cream



Black Forest Gateau Shake

Shake ingredients

- 1 tbsp nutella
- 1 cup milk
- 1 cup chocolate ice cream
- 1 cup frozen cherries

Garnish:

- Glaze cherries
- Chocolate sprinkles
- Whipped cream



Shake ingredients

- 1 tsp peppermint essence
- 1 cup milk
- 1 cup chocolate ice cream

Garnish:

- A crushed up After Eight
Chocolate
- A peppermint candy cane
- Whipped cream



After Eight Shake